

# Team Kroupa Healthcare Professional of 2009!

## Dr. Deb Harrell, NMD Gainesville, Florida

**We are very proud to announce our team's Healthcare Professional of the year. Deb is passionate about helping others achieve their goals and dreams.**



Dr. Deb Harrell has her Doctorate as a Counselor of Natural Health and a Naturopathic Doctor. She has worked 12 years as a Professional Wellness Coach in Gainesville, Florida. Her passion is educating people in prevention and seeing a turn-around in the health (or dis-ease) picture of America. She owns and operates Heart & Soul Health Services in Gainesville and is dedicated to Equipping the Body for PEAK HEALTH! Deb has been a vegetarian since 1975 and shares practical ways to incorporate more plant-based meals into your lifestyle through cooking classes.

Deb became a National Marketing Director with NSA in March of 2006. She began her Juice Plus journey in March of 2002 after being on the product for 4 months. Deb first heard about JP+ from a trusted friend and fellow Naturopathic Doctor, Carol Watson. She was attracted to it because she juiced veggies for years but got tired of all the work it involved and she knew she wasn't juicing a variety of things, mostly just carrots. Deb decided to take JP because she still wanted the benefits of juicing without the work & mess. She has been taking it since November of 2001 and her immune system has never been better. Deb will continue to take JP for life because she knows we all need a nutritional safety belt (no matter how healthy we eat) to help protect us from disease. She knows she can't always get the recommended 9-13 servings of fruits and veggies in every day.

Deb was attracted to the JP+ business because she had developed a rock solid belief that everyone on the planet needed JP+ and she has always wanted to be her own boss. Deb became a distributor to keep from having to go back to work as an accountant. She needed to make at least \$1,000 per month as soon as possible. Deb was fortunately able to do that within 4 months with this Virtual Franchise. What she wants to achieve for herself and her family is to be able to dictate their own priorities in life. Deb's dad passed away in 1989 without her being there because she was tied to her accounting management job. That won't happen with her loved ones again thanks to her JP+ business.

Deb lives in Gainesville, FL with her wonderful husband Tim and their 2 dogs, Dexter and Georgia. They are the proud parents of 5 adult children – Jen, Jason, Jillian, Cristina, and Enrique - and 3 grandsons – Tyler, Hunter, and Austin. Tim is a SC with NSA quickly on his way to SSC. He currently works as a software developer for a local CPA firm but plans to work full-time with Deb soon in the JP+ business. Deb & Tim enjoy off-road biking, hiking, traveling, and mostly just being together with each other and with their family. They are passionate about helping others achieve their goals and dreams. Deb & Tim's dream is to have a beach place in Florida and a log home in Angel Fire, NM. Because of this Virtual Franchise, that dream is just right around the bend!