



Carol Watson RN, ND  
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Dr. Carol's background includes ~18 years of Cardiac & Medical Intensive Care Nursing at Shands Teaching Hospital in Gainesville, Florida; but since 1995, her focus has been on Complementary & Alternative Medicine. She received a double doctorate as a Doctor of Naturopathy and Nutritional Counselor in 2001 from the College of Natural Health. "Dr. Carol" is a recognized member of The American Nutraceutical Association, The Florida Association of Naturopathic Medicine, and is a Board Certified Member of the American Alternative Medical Association.

She was attracted to Juice Plus+® because she knew she didn't eat right all the time and she is so thankful that she now has Juice Plus+® to bridge the gap between what she knows she should eat, but honestly speaking, "it just doesn't happen every day!" As a healthcare professional, she is grateful for the scientific research backing Juice Plus+® because it gives her the confidence she needs to share it with virtually everyone she meets!

Carol and her supportive husband, Ken, reside in Greenfield, Indiana where she has her own home-based business, Improving Health Naturally & Juice Plus+®. She enjoys extensive travel within the Juice Plus community and is internationally appreciated as a passionate trainer who shares her own journey with transparency, inspiration and humor. Her mission is to touch families with the message of health and hope through inspiration and education, helping everyone to experience all they were created to be; body, mind and spirit.

She joined the NSA team January 2001 and thanks to a dynamic team of like-minded health partners, she attained the position of National Marketing Director in 3 ½ years. She is a member of the prestigious 39 club and in 2006 she was nominated for an Elton Award as "24 Club Rookie of the Year." Also in 2006, she was recognized by Team Kroupa with the "Healthcare Professional of the Year Award."

Her journey with NSA has been one filled with excitement, fun and personal growth challenges that have pushed her out of her comfort zone and caused her to look at every seeming "problem" as an opportunity. In her own words, she has learned that "in order for things to change, I have to change" and her message to us is: "IF I CAN DO THIS THEN YOU CAN TOO!"